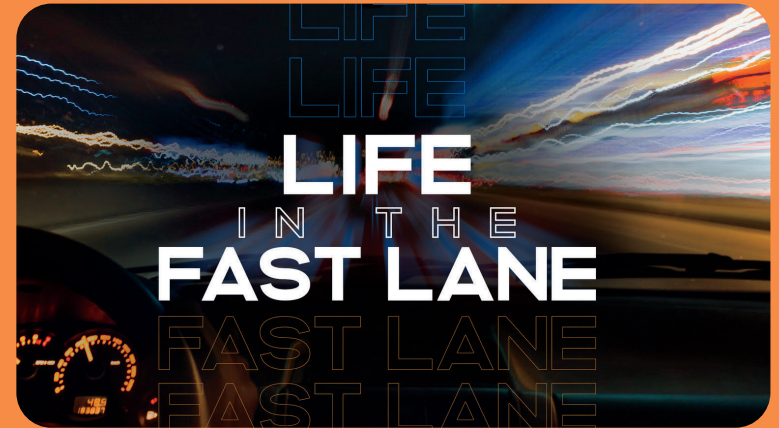


THANK YOU!!!!



We are David & Autumn Covello. We are called to serve and reach the people of Italy. Our passion and mission, is for children all around the world to know God. We want to thank you for investing in the next generation who will be on fire for Christ like never before. To donate to our ministry, you can scan the QR code.



Lessons on Prayer and Fasting



thegr8kidmission.com



A letter to the leader

Our goal with this resource is to empower and encourage you. This is an extra tool in your utility belt, to use as you see fit. You know your audience, and what they need to hear.

To be sure that everything we do has purpose, just remember the rule of ***E.I.G.H.T.*** ***Encourage, Impart, Grow, Heal, and Teach.*** Have a Gr8 day!

With this series, you can do one of 2 things.

1. Use the prayer portion of lesson at the end as a small group time. Or...
2. If you have more than one service in a week, you can split lessons. ***Teaching*** about fasting during your Sunday service, and having your mid-week service be a prayer night.

Scan this QR code to access the slides and crafts for this series.



Lesson Activity: Make the "I can pray..." or "prayer journal" craft. Kids can color or fill out based on the craft you choose.

Sword Drill: Jonah 3:1

Kid Theater: Using Jonah 3, have some kids and/or adults act out how Jonah got to Nineveh, and how the people of Nineveh fasted and repented changing their lives and saving the land.

Minister Moment: Help kids ***grow***, by ***Imparting*** wisdom thru practical application of what we just read. When we fast and pray, God moves and lives change.

Prayer Time: Lead the children in praying over missionaries. You can print out each continent/region and put them up around the room. If you have prayer cards or images for missionaries your church supports or from your state, show the children to bring a face to who they are praying for. Also pray for the people the missionaries are ministering to.

Week 4 - Fasting Changes Lives

Open in Prayer: The best way to start the day is to pray.

Values: A positive and *encouraging* spin on **Rules**.

Memory Verse: Philippians 4:6

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.

Offering: Teach about the importance of giving before collecting offering. Use Bible scripture (ex: 2 Corinthians 9:6-8) or testimonies of what God has done in your own life when you gave.

Transition into Praise and Worship: Teach kids the importance of singing and praising God. Find a verse or two to *encourage* the kids that God loves it when they sing, and has given them so much power.
(Example verse Psalm 8:2)

Suggested Schedule

- Intro
 - Open in prayer
 - Values (Rules)
 - Memory Verse
 - Offering
- Praise and Worship
- Teaching Time
 - Lesson Activity
 - Sword Drill
 - Kids Theater
 - Minister Moment
 - Call to Action and Closing Prayer
- Prayer time/Small Groups

If doing a midweek service

- Intro
 - Lead in prayer
 - Values (Rules)
 - Memory Verse
 - Offering
- Praise and Worship
- Small Review on Previous Lesson
- Prayer Time/Small Groups

Week 1 - How to fast

Open in Prayer: The best way to start the day is to pray.

Values: A positive and *encouraging* spin on **Rules**.

Memory Verse: Philippians 4:6

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.

Offering: Teach about the importance of giving before collecting offering. Use Bible scripture (ex: 2 Corinthians 9:6-8) or testimonies of what God has done in your own life when you gave.

Transition into Praise and Worship: Teach kids the importance of singing and praising God. Find a verse or two to *encourage* the kids that God loves it when they sing, and has given them so much power.
(Example verse Psalm 8:2)

Lesson Activity: Daily Bread Game

Have a couple buckets of sand. In each bucket place 6 rocks, or pictures of rocks, each having a word on them. Have children dig out the rocks and arrange them to say "Man cannot live on bread alone."

Sword Drill: Matthew 4:1

Kid Theater: Have some kids and/or adults act out Matthew 4:1-11.

Minister Moment: Help kids *grow*, by *Imparting* wisdom thru practical application of what we just read. When we fast, God will give us strength to resist temptation.

Prayer Time: Use the blank slide or blank page and print names of schools in your area. Create stations for each school or district. Guide the children around the room praying for each school.

Week 3 - God gives us strength

Open in Prayer: The best way to start the day is to pray.

Values: A positive and *encouraging* spin on **Rules.**

Memory Verse: Philippians 4:6

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.

Offering: *Teach* about the importance of giving before collecting offering. Use Bible scripture (ex: 2 Corinthians 9:6-8) or testimonies of what God has done in your own life when you gave.

Transition into Praise and Worship: *Teach* kids the importance of singing and praising God. Find a verse or two to *encourage* the kids that God loves it when they sing, and has given them so much power.
(Example verse Psalm 8:2)

Lesson Activity: Who ate the sour food?

Pick 5-6 Children to play this game. Give each child, a piece of food. 1-2 of the pieces will be sour. Encourage each child to try and keep a straight face. The rest of the group tries to guess who ate the sour food.

Tie in: When we fast, we should not let our face show it.

Sword Drill: Matthew 6:16

Kid Theater: Have kids act out Matthew 6:16-18 and how people may act when fasting.

Minister Moment: Help kids *grow*, by *Imparting* wisdom thru practical application of what we just read. Explain the importance of fasting, and how it is between you and God. *Encourage* the children to pick something to fast during this series.

Prayer Time: In Matthew 6:9-13 Jesus teaches us how to pray. Break down the Lord's prayer with the children. Make each section a station. When you go over daily bread, you can also include an opportunity for the children to partake in communion.

Week 2 - Benefits of fasting

Open in Prayer: The best way to start the day is to pray.

Values: A positive and *encouraging* spin on **Rules**.

Memory Verse: Philippians 4:6

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.

Offering: Teach about the importance of giving before collecting offering. Use Bible scripture (ex: 2 Corinthians 9:6-8) or testimonies of what God has done in your own life when you gave.

Transition into Praise and Worship: Teach kids the importance of singing and praising God. Find a verse or two to *encourage* the kids that God loves it when they sing, and has given them so much power.
(Example verse Psalm 8:2)

Lesson Activity: Use the Daniel Fast Craft print out. Using popsicle sticks and paper create a carrot.

Sword Drill: Daniel 1:1

Kid Theater: Kids and/or adults will act out the scene displayed in Daniel chapter 1.

Minister Moment: Help kids *grow*, by *Imparting* wisdom thru practical application of what we just read. There are blessings both in the Spiritual and Physical when we fast.

Prayer Time: Using the slides, or your own print outs, create stations for children to pray. Guide them in praying for one another, their friends, and families.